Instructions for authors

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1. AIMS & SCOPE

*Annals of Rehabilitation Medicine (ARM)* is the official journal of the Korean Academy of Rehabilitation Medicine. It is an international, peer-reviewed open access journal, which aims to be a global leader in sharing up-to-date knowledge dedicated to the advancement of care and enhancing the function and quality of life of persons with various disabilities and chronic illnesses. As the official journal of one of the largest societies of rehabilitation medicine in Asia and Oceania, nearly 8,000 physiatrists receive this journal every two months as a member benefit. This journal is endorsed by the International Society of Physical and Rehabilitation Medicine (ISPRM) and the Asia-Pacific Society of Physical and Rehabilitation Medicine (AOSPRM). International members comprise approximately half the editorial board and conduct peer-review of submitted manuscripts.

The journal encompasses all aspects of physical medicine and rehabilitation, including clinical practice, experimental and applied research, and education. Research areas covered by this journal include rehabilitation of brain disorders and spinal cord injury; electrodiagnosis; musculoskeletal disorders and pain; pediatriic, geriatric, cardiopulmonary, sports, cancer, cognitive, and robotic rehabilitation; neuromodulation; neuroimaging; orthotics and prosthetics; physical modalities; clinical trials; quality of life issues; and basic research, as well as other emerging fields in rehabilitation medicine.

2. COPYRIGHTS AND CREATIVE COMMONS ATTRIBUTION LICENSE

The Korean Academy of Rehabilitation Medicine is the owner of all copyright to papers published in ARM, and has the right to publish, reproduce, distribute, and print the contents in other types of media. Authors of accepted papers must complete the Copyright Transfer Form. A letter of permission is required for any and all material that has been published previously. It is the responsibility of the author to request permission from the publisher for any material that is being reproduced. This requirement applies to text, illustrations, and tables. This is identical to the Creative Commons (Attribution-Noncommercial) license available at http://creativecommons.org/.

3. GENERAL GUIDELINES

The manuscript guidelines for ARM are based on the “Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly work in Medical Journals” published by the International Committee of Medical Journal Editors (http://www.icmje.org), and instructions which are not mentioned in the present guidelines are referred to the guidelines stated in the Recommendations. There are no fees payable to submit in this journal.

1) ARTICLE TYPES

Manuscripts include original articles, review articles, brief reports, case reports, images in this issue, and letters to the editor.

(1) Original articles
This form of publication represents original research articles reporting the results of basic and clinical investigations that are sufficiently well documented to be acceptable to critical readers.

(2) Review articles
The Editorial Board welcomes state-of-the-art review articles. The ARM strongly prefers systematic reviews of the literature. Invited review articles provide a comprehensive review of a subject of importance to clinicians and researchers and are commissioned by the editorial board to an invited expert in the field.

(3) Brief reports
These manuscripts are short but important reports to provide preliminary communications with less complete data sets than would be appropriate for original contributions that present novel and impactful clinical and basic research of a more preliminary nature.

(4) Case reports
Case reports are considered for publication when at least one of the following criteria is met: (a) a rare condition is reported, (b)
atypical symptoms and signs are observed, (c) new diagnostic or therapeutic methods are introduced, (d) atypical clinical and laboratory findings for populations residing in Asia and the Pacific Rim. Descriptions of clinical cases (individual or a series) should be unique, should deal with clinical cases of exceptional interest or innovation and should preferably be a first-time report.

(5) Images in this issue

This form of publication represents images (e.g., radiographs, CT, MRI, electrodiagnostic tracings, pathology, physical examination findings, photos of a patient or medical device) that are interesting and unique.

(6) Letters to the editor

Critical comments are welcomed for providing alternative interpretations or views about articles published in ARM. Letters should be directly related to the published article on which it comments. Letters being considered for publication ordinarily will be sent to the authors, who will be given the opportunity to reply. Letters will be published at the discretion of the editors and are subject to abridgement and editing for style and content.

2) LANGUAGE OF MANUSCRIPT

All manuscripts must be written in clearly understandable English. Authors whose first language is not English are requested to have their manuscripts checked for grammatical and linguistic correctness before submission. Correct medical terminology should be used, and jargon should be avoided. Use of abbreviations should be minimized and restricted to those that are generally recognized. When using an abbreviated word, it should be spelled out in full on first usage in the manuscript followed by the abbreviation in parentheses. Numbers should be written in Arabic numerals, but must be spelled out when placed in the beginning of a sentence. Measurements should be reported using the metric system, and hematologic and biochemical markers should be reported in International System (SI) of Units. All units must be preceded by one space except percentage (%), temperature (°C), and degree (°).

4. RESEARCH AND PUBLICATION ETHICS

All manuscripts should be written with strict adherence to the research and publication ethics guidelines recommended by Council of Science Editors (http://www.councilscienceeditors.org/), International Committee of Medical Journal Editors (ICMJE, http://www.icmje.org/), World Association of Medical Editors (WAME, http://www.wame.org/), and the Korean Association of Medical Journal Editors (KAMJE, https://www.kamje.or.kr/en/main_en). For all studies involving human subjects, the principles embodied in the Declaration of Helsinki (https://www.wma.net/policies-post/wma-declaration-of-helsinki-ethical- principles-for-medical-research-involving-human-subjects/) should be upheld, informed consent must be obtained from all participants, and must be approved by a recognized Institutional Review Board (IRB) or research ethics committee. The editor may request submission of copies of informed consents from human subjects in clinical studies or IRB approval documents. Experiments involving animals should comply with the NIH guidelines for the use of laboratory animals (https://www.nlm.nih.gov/services/research_report_guide.html) and/or be reviewed by an appropriate committee (e.g., Institutional Animal Care and Use Committee, IACUC) to ensure the ethical treatment of animals in research. Also, studies with pathogens requiring a high degree of biosafety should pass review of a relevant committee (e.g., Institutional Biosafety Committee, IBC). ARM will follow the guidelines by the Committee on Publication Ethics (COPE, http://publicationethics.org/) for settlement of any misconduct.

1) REDUNDANT PUBLICATION AND PLAGIARISM

All submitted manuscripts should be original and should not be considered by other scientific journals for publication at the same time. No part of the accepted manuscript should be duplicated in any other scientific journal without the permission of the editorial board. If plagiarism or duplicate publication related to the papers of this journal is detected, the manuscripts may be rejected, the authors will be announced in the journal, and their institutes will be informed. There will also be penalties for the authors.

2) AUTHORSHIP

ARM follows the recommendations by International Committee of Medical Journal Editors (ICMJE,http://www.icmje.org/) and the Korean Association of Medical Journal Editors (KAMJE, https://www.kamje.or.kr/en/main_en). Authorship is credited to those who have direct involvement in the study and have made significant contributions to (a) substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work; AND (b) drafting the work or revising it critically for important intellectual content; AND (c) final approval of the version to be published; AND (d) agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved as recommended by ICMJE. The primary investigator is designated the first author of the study, unless contested by the other authors. The correspond-
ing author is directly responsible for communication and revision of the submitted manuscript. Authors are required to include a statement of responsibility in the manuscript that specifies the contribution of every author at the end of the manuscript, in a section entitled “Author contribution”. All persons who have made substantial contribution, but who are not eligible as authors should be named in the acknowledgments. In the case of change of authorship, a written explanation must be submitted. Change in either the first author or the corresponding author requires approval by the editorial board, and any changes in the other authors require approval by the editor-in-chief.

3) CONFLICT OF INTEREST
The corresponding author of an article is asked to inform the editor of the authors’ potential conflicts of interest possibly influencing their interpretation of data. A potential conflict of interest must be disclosed during the online submission process on the appropriate web page. Such conflicts may be financial support or private connections to pharmaceutical companies, political pressure from interest groups, or academic problems based on the “ICMJE Uniform Disclosure Form for Potential Conflicts of Interest” (http://www.icmje.org/coi_disclosure.pdf). The editor will decide whether the information on the conflict should be included in the published paper. Before publishing such information, the editor will consult with the corresponding author. In particular, all sources of funding for a study should be explicitly stated.

4) REGISTRATION OF CLINICAL TRIAL
Clinical trial defined as “any research project that prospectively assigns human subjects to intervention and comparison groups to study the cause-and-effect relationship between a medical intervention and a health outcome” is recommended to be registered to the primary registry to be prior publication. ARM recommend, as a condition of consideration for publication, registration in a public trials registry. ARM accepts the registration in any of the primary registries that participate in the WHO International Clinical Trials Portal (http://www.who.int/ictrp/en/), NIHClinicalTrials.gov (http://www.clinicaltrials.gov/), ISRCTN Resister (www.isrctn.org), ANZCTR (https://www.anzctr.org.au/), EudraCT Database (https://eudract.ema.europa.eu/), Clinical Trials Information System (https://euclinicaltrials.eu/), University Hospital Medical Information Network (www.umin.ac.jp/ctr/index/html), EU Clinical Trials Register (https://www.clinicaltrialregister.eu/) or The Clinical Research Information Service (http://cris.nih.go.kr/). The clinical trial registration number will be published at the end of the abstract.

5) PROCESS FOR MANAGING RESEARCH AND PUBLICATION MISCONDUCT
When the journal faces suspected cases of research and publication misconduct such as redundant (duplicate) publication, plagiarism, fraudulent or fabricated data, changes in authorship, an undisclosed conflict of interest, ethical problems with a submitted manuscript, a reviewer who has appropriated an author’s idea or data, complaints against editors, and so on, the resolution process will follow the flowchart provided by the Committee on Publication Ethics (COPE, https://publicationethics.org/guidance/Flowcharts). The discussion and decision on the suspected cases are carried out by the Editorial Board.

6) PROCESS FOR HANDLING CASES REQUIRING CORRECTIONS, RETRACTIONS, AND EDITORIAL EXPRESSIONS OF CONCERN

5. MANUSCRIPT SUBMISSION
All submissions are made online at the journal’s online manuscript submission site (http://www.e-arm.org/submission) by the corresponding author. Submitted manuscripts are initially examined for format, and then appointed a submission number. For nonbiased peer review, authors’ names and institutional affiliations should not be mentioned in the text. The revised manuscript should be submitted through the same web system under the same identification numbers. The date of final review for the manuscript will be the date of acceptance for publication. If you have any questions about the online submission process, contact the Editorial Office by e-mail at edit@e-arm.org.

1) ARTICLE PROCESSING CHARGES
**Annals of Rehabilitation Medicine** is an open access journal. To publish in **Annals of Rehabilitation Medicine**, authors are asked to pay an article processing charge (APC) on acceptance of their research paper. The APC for all published papers is as follows, plus VAT or local taxes where applicable. The currency KRW will be applied to the submissions from South Korea.

- Original article / Brief Reports / Unsolicited review article: 600 USD or 600,000 KRW
6. PEER REVIEW PROCESS

1) EDITORIAL REJECT POLICY
Conformity of the submitted manuscript to the submission instructions is examined upon submission. The Editorial Board may reject the manuscript or request the author to resubmit in the following cases: 1) Topic clearly out of scope / insufficient perceptual content 2) Work clearly does not meet sufficient standards of novelty or quality 3) Manuscript incomplete or incorrectly formatted 4) Suspected plagiarism in the manuscript.

2) PEER REVIEW PROCESS
Submitted manuscripts will be reviewed by two or more peer reviewers selected from the board's database of expert reviewers. In addition, if deemed necessary, a review of statistics may be requested. Following review, the editorial board will decide whether the manuscript will be 1) accepted for publication, 2) subject to minor revision, 3) subject to major revision, or 4) rejected for publication. For manuscripts which are either subject to minor revision or subject to major revision, the corresponding author must resubmit the revised manuscript online. The revised manuscript should have the changes highlighted by using the Track Changes tool in Microsoft Office Word. In addition, the corresponding author must reply to both reviewers' comments point by point, and explain in detail what changes were made in the manuscript. When considered necessary, the editorial board may make changes to the structure and phrases of the manuscript without compromising the integrity of the original paper. After completion of the peer review process, the editorial board will determine acceptance for publication and notify the corresponding author by e-mail. Manuscripts which do not comply with the present guidelines will be notified for correction or withheld from publication.

When a manuscript is not resubmitted within 2 months of notification, it will be considered that the authors have withdrawn the manuscript from submission. Manuscripts accepted for publication are generally published in order of submission, depending on the category of the manuscript and the date of acceptance for publication.

7. PREPARATION OF THE MANUSCRIPT

Use Microsoft Office Word (versions after 2003) and ensure correct spelling and grammar. Setup the MS Word document for 1-inch margins on letter or A4-sized paper. The manuscript must be written in 12-point font and the sentences must be double-spaced, including tables and figure legends. Each page should be numbered in the middle of the lower margin, and all sentences must be numbered sequentially throughout the entirety of the manuscript, starting with the title page. All papers must be accompanied by a title page. The title page should contain the title of the manuscript, a short running title, the authors' names, academic degrees, respective affiliations, and ORCID. The corresponding author must be identified, and his or her contact information (postal address, e-mail, telephone and fax numbers) should be listed. The title should clearly describe the objective of the study and contain less than 20 words. The first letter of each word of the title should be in capital letters except for prepositions, articles, and conjunctions. Provide a short running title containing less than 10 words. In cases in which the authors belong to multiple affiliations, the affiliations during the study being reported should be matched to the authors' names using a superscript of Arabic numerals. Conflicts of interest, funding information, author contribution and acknowledgements (when applicable) should also be located in the title page.

1) ORIGINAL ARTICLES
Original papers should be structured in the following order: Abstract, Introduction, Methods, Results, Discussion, Conflict of interests, Funding information, Author contribution, Acknowledgments (when applicable), References, Tables, Figure legends, and Figures. Maximum word count is limited to 5,000 words.

(1) Abstract
A structured abstract with the headings of Objective, Methods, Results, and Conclusion must succinctly describe the paper in 250 words or less. Use complete sentences and do not number the results. At the end of the abstract, list up to 5 relevant keywords which are in accordance to the Medical Subject Headings (MeSH)

(2) Introduction
Clearly present the objective of the study and its relationship to earlier work in the field. A brief background to inform the readers of the relevance of the study may be necessary. However, avoid extensive review of the literature.

(3) Methods
Describe the participants or research materials of the study, and explain in detail the inclusion and exclusion criteria for both the experimental and control groups. Describe the experimental methods in a logical and systematic manner so that they can be reproducible by another investigator. Experimental drugs should be stated in the generic name. When proprietary brands are used, include the brand name and the name of the manufacturer in parentheses after the first mention of the generic name. When using experimental devices or other products, state the brand name then follow with the name of the manufacturer, in parentheses, e.g., Flow Cytometer (Coulter Electronic Inc.). To ensure anonymity during the peer review process, the authors’ affiliations or institutional setting of the study should not be revealed. Statistical analysis and criteria for determining significance should be described in enough detail to allow the knowledgeable reader with access to the original data to verify the reported results. An ethics statement should be placed here when the studies are performed using clinical samples or data, and animals.

Ensure correct use of the terms sex (when reporting biological factors) and gender (identity, psychosocial or cultural factors), and, unless inappropriate, report the sex and/or gender of study participants, the sex of animals or cells, and describe the methods used to determine sex and gender. If the study was done involving an exclusive population, for example in only one sex, authors should justify why, except in obvious cases (e.g., prostate cancer). Authors should define how they determined race or ethnicity and justify their relevance.

(4) Results
Summarize and describe logically the significant findings and trends observed in the results using text, figures and tables. Avoid extensive repetition of contents of the tables and figures in the text.

In statistical expression, mean and standard deviation should be described as mean ± SD, and mean and standard error as mean ± SE. In general, p-values larger than 0.01 should be reported to two decimal places, those between 0.01 and 0.001 to three decimal places; p-values smaller than 0.001 should be reported as p < 0.001.

(5) Discussion
Interpret the results in respect to the objective of the study, and describe differences with previous studies and significant findings which lead to the deduction of the conclusion. Refrain from excessive review of historic studies, textbook facts, or irrelevant references. Accentuate newly obtained observations from the study, and include significant limitations of the study.

(6) Conflicts of interest
Any potential conflicts of interest relevant to the manuscript should be described. If there are no conflicts of interest, authors should state that none exists.

(7) Funding information
All sources of funding applicable to the study should be stated here explicitly. All original articles, editorials, reviews, and new technology articles must state funding sources for the study.

(8) Author contribution
The individual contributions of the authors to the manuscript should be specified in this section.

(9) Acknowledgments
Persons who have made contributions to the study, but who are not eligible for authorship can be named in this section. Their contribution must be specified, such as data collection, financial support, statistical analysis, or experimentation. The corresponding author must inform the named contributor of the acknowledgment, and acquire consent before manuscript submission.

(10) References
- Cite only references which are quoted in the text. Limit the number of references 40.
- When quoting a reference in the text, refrain from stating the author’s name, and identify references with Arabic numerals in brackets such as [1], [2-4], and [5,7,9].
- The references should be listed in order of citation in the text.
- List all authors when there are 6 or fewer; when there are 7 or more, list the first 6, followed by “et al.”
- Journal names should be abbreviated according to the format listed in the Index Medicus. If the journal is not listed in the Index Medicus, refer to the list of title word abbreviations by the ISSN network (http://www.issn.org/2-22660-LTWA.php).
Journals

Book & Chapter of book

Proceedings of academic conference

Thesis (Dissertation)

(11) Tables
Tables should be submitted separately from the text, and each table should be created in MS Word on separate pages, using double space throughout. They should be simple, self-explanatory, and not redundant with the text or the figures. Limit 5 tables per manuscript. The title of the tables should be written in phrases, and capitalized the first letter of the first word. The title should be placed above the table, and abbreviations and footnotes should be placed under the table. Number the tables in order of appearance in the text (e.g., Table 1, Table 2). All abbreviations used in the table must be spelled-out in full under the table in the following order: abbreviation, comma, full word (e.g., RM, rehabilitation medicine). Table footnotes should be indicated in superscripts in the following order: asterisk, comma, full word (e.g., *p < 0.05, **p < 0.01. ***p < 0.001).

(12) Figure legends
Legends should be submitted separately from the text, and each legend should be typed on separate pages. They should be written in full sentences to describe the content of the figure, and only the first letter of the legend should be capitalized. For lengthy legends continuing beyond one line, the left margin of the following lines should start at the same point as the first line. Any symbols, marks or abbreviations made in the figure must be explained in the legend. Figures containing histologic slides should be accompanied by legends explaining tissue origin, stain method, and microscopic amplification.

(13) Figures
Figures should be uploaded online as separate files and numbered in order of appearance in the text (e.g., Fig. 1). When a single numbered figure contains 2 or more figures, the figure should be numbered with an alphabet letter following the number (e.g., Fig. 1A, Fig. 1B). Indicate focus points in the figures with markers such as arrows and arrowheads, etc. Image files must be of resolutions higher than 300 dpi, and less than 3 MB, in JPEG, GIF, TIFF, or Microsoft PowerPoint format. A single numbered figure containing more 2 or more figures such as Fig. 1A and Fig. 1B should be uploaded as a single file.

2) REVIEW ARTICLES
The abstract should contain no more than 250 words and 5 keywords. The text is structured in the order of Introduction, Main text, Conclusion, Conflict of interests, Funding information, Author contribution, Acknowledgments (when applicable), References, Tables, Figure legends, and Figures.

3) BRIEF REPORTS
General guidelines are the same as for the original article. The manuscript is structured in the order of Abstract, Main text, Conflict of interests, Funding information, Author contribution, Acknowledgments (when applicable), References, Tables, Figure legends, and Figures. A structured abstract is required and limited to 150 words, with no more than 3 keywords attached. Manuscripts should be limited to 1,500 words of text including references and figure legends (not including abstract, tables, and figures), and no more than 10 references. The total number of figures and/or tables is limited to 3.

4) CASE REPORTS
General guidelines and order of manuscript preparation are the same as for the original article. Case reports are considered for publication only if they report rare conditions, atypical symptoms and signs, novel diagnostic or therapeutic approaches, or describe atypical findings for populations residing in Asia and the Pacific Rim. The editorial board will determine whether the case report fulfills the above criteria for acceptance of publication. The manuscript is structured in the order of Abstract, Introduction, Case
report, Discussion, Conflict of interests, Funding information, Author contribution, Acknowledgments (when applicable), References, Tables, Figure legends, and Figures. The abstract should be nonstructured and limited to 150 words, with no more than 3 keywords attached. The introduction should briefly state the background and significance of the case. The actual case report should describe the clinical presentation and the diagnostic and therapeutic measures taken. The discussion should focus on the uniqueness of the case and should not contain extensive review of the disease or disorder. The combined number of tables and figures is limited to 5, and the number of references is limited to 10. Maximum word count is limited to 1,500 words including references and figure legends.

5) IMAGES IN THIS ISSUE
All images should be accompanied by a short description of the image and a brief and concise clinical review of the specific patient or clinical issue of no more than 500 words (excluding references) with references limited to 5. Image files must be of resolutions higher than 300 dpi for photographs, and 900 dpi for line art, waveforms, and graphs, in JPEG, GIF, TIFF, or Microsoft PowerPoint format. Images should make up a single figure, although they may contain more than one frame. The manuscript does not have an abstract.

6) LETTERS TO THE EDITOR
Letters should not have an abstract, tables, figures, and data supplements. Letters must be limited to roughly 500 words of text and no more than 5 references, 1 of which should be to the recent ARM article. Letters may have no more than 3 authors.

7) REPORTING GUIDELINES FOR SPECIFIC STUDY DESIGNS
For the specific study design, such as randomized control studies, studies of diagnostic accuracy, meta-analyses, observational studies, and non-randomized studies, it is recommended that the authors follow the reporting guidelines listed in the following table.

8. SUBMISSION APPLICATION & COPYRIGHT TRANSFER
All submitted manuscripts must be accompanied by the official Submission Application & Copyright Transfer Form of the Korean Academy of Rehabilitation Medicine. The Submission Application & Copyright Transfer Form must contain the title of the manuscript, date of submission, names of all authors, authors' affiliations, and written signatures. Note the corresponding author and provide his/her affiliation, e-mail, telephone and fax numbers, and mailing address.

For the copyrights of the contributions published in ARM, see Creative Commons (Attribution-Noncommercial) at http://creativecommons.org.

9. MANUSCRIPTS AFTER ACCEPTANCE
ARM is published in English bi-monthly on the last days of February, April, June, August, October, and December.

1) FINAL VERSION UPLOAD
When accepted for publication, the authors' institutional affiliations should be inserted into the text of the final revised manuscript and uploaded to the online submission system. Files containing figures should be of the highest resolution (at least 300 dpi for color figures, and 900 dpi for line art and graphs) should be also be uploaded in JPEG, GIF, or TIFF format, and must be named according to the figure number (e.g., Fig. 1.jpg).

2) GALLEY PROOF
Galley proofs will be sent to the corresponding author for final corrections. Corrections should be kept to a minimum, must be returned within 2 days, otherwise publication may be delayed. Any fault found after the publication is the responsibility of the authors. We urge our contributors to proofread their accepted manuscripts very carefully. After the publication, if there are critical errors, they should be corrected as Corrigendum or Erratum.

3) PUBLICATION
The editorial board retains the right to request minor stylistic and major alterations that might influence the scientific content of the paper. The final manuscript will be published following final approval by the editor-in-chief.